

Dear Parents:

PTO NEWS:

Culture Corner:

Thank you to all who participated in ARE's Culture Corner this year. This last display of India was just spectacular. American culture will close out the school year.

Thank you for sharing.

INVENTION CONVENTION:

To honor all of the participants, Binghamton Imaginink will hold a special awards program at which students' invention models will be exhibited. This year the ceremony and exhibition will be at the Binghamton University Events Center on May 5, 2007, at 2 p.m. Congratulations to the following students on becoming a semi-finalist in this year's Invention Convention Program: Alexis Bantle, Eli Holmes, Michael Hennekens, Michelle Chisdak, Melissa Driggs, Ashley Tabuntschikow, Nisarga Paul, Jacob Newton, Kaleigh Eames, Michael Spivak, Catherine Spivak, Anthony Mangiacapra,

Viktory Omole, Molly Myers, Noah Salomons, Paul Atherton and Alexandra Federowicz.

STUDENT AWARDS PROGRAM:

African Road Elementary held its third Student Awards Program on April 19. The following students received student awards: Anthony Mangiacapra, Mary Canfield, Alexandra Zedar, Catarina Bennett, Selena Haykal, Josh Walsh, Alexandra Yeager, Michael Spivak, Eli Holmes, Alexandra Evans, Nick Blandford, Zia Siddiqui, Olivia Monopoli, Kayleigh Eames, Kevin Fang, Hetty Bai, Rachel Liss, Leslie Briscoe, Hattie Madsen, Jared Miller, Emily Kerley, Jonathan Panaro, Michelle Chisdak, Anthony DeNinis, Jonathan Price, Meredith Biechele, Annie Ulrich, Molly Liss, Zuriel Omole, Alyssa Chapman, Helen Zheng, Leonardo Pariano, Tikvah Omole, Allison Butler, Christopher Painter, Zoe Lin, Ashley Tabuntschikow, Anthony Giammarino, Eric Zheng, Dylan Hunt, Colin Gillen, Robert George, Eric Land, John Frisbie, Tori Jo Kakusian, Michelle Brosnan,

Emma Searles, and Rachel Futterman.



FROM THE SCHOOL COUNSELOR:

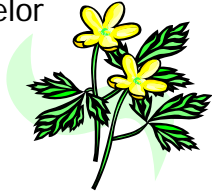
Hello ARE families! This year has really flown by. We have been busy here at ARE. Let me fill you in.

I am currently in the process of preparing our fifth-graders for their transition to sixth grade. To do so, I am completing classroom lessons, as well as accompanying students on a tour of the middle school. This tour will take place in the afternoon of Friday, May 11. I will send home a parent letter to remind you when the day gets closer. There will also be an informative parent night at the middle school for next year's sixth-grade parents. This will take place in the middle school cafeteria Monday, May 21 at 7 p.m. I hope to see you all there.

In addition, during the months of May and June I will be completing my mandated personal safety lessons in classrooms K - 5. As you might remember, this

is a New York State requirement.

Finally, my grade four and grade five girls' groups are in full swing. These groups will run for six weeks. As always, please contact me with any questions or concerns. Thank you!
Miss Colleen Cash
School Counselor



FROM THE NURSES' OFFICE:

We have received the requirements concerning vaccines for sixth-graders. The requirement is that students who are entering sixth grade and who are 11 years old or older must receive the Tdap vaccine. If a student received the Td, DT or DTap within the last two years, the vaccine can be delayed for two years. Ten year olds entering sixth grade must be immunized when they turn 11.

The varicella vaccine or proof of chicken pox disease from a doctor is also required for all sixth-graders.

These immunizations are required before your child starts sixth grade in September. Your family doctor can provide these shots for you. You can also call the Broome County Health Department at 778-2839.



THANK YOU!

Thank you to Mrs. McTigue and the following Middle School Student Council members with their help in ARE's kindergarten screening process: Alyssa Cinti, Samantha Gebler, Andrew Loso, Courtney Warfle, Thad Zaparzynski, Katie Lesko, Kat Galluscio, Kelly Donaher, Alex D'Andria, Kevin Smith, Tess Koehler, Lauren Brustein, Kelly Gerner, Sarah Bulman, Peri Casella, Ashley Spence, Isabel Tenorio, Cierra Whalen, Kelly Gerner, Emily White, Kari Yelverton, Dillon MacGregor, Jeff Klein, Ken Burkus, Kira Davis, Shannon Bracken, Nick Keller, Emily Spellane, Troy Vargeson and Luba Margai.

STUDENT COUNCIL NEWS:

The Student Council held their annual Open House Bake Sale on March 29. It was a "delicious" success. We made a whopping \$208 on our baked goods. Thank you to all the families that baked and bought goods.

The Student Council also collected money this winter and made donations to Macey King and her family. We were very glad to be able to help one of our own ARE families.



PHYSICAL EDUCATION NEWS:

In recent A.R.E. newsletters, information has been included relating to nutrition and physical activity. During this time, Steps to a Healthier New York has promoted a variety of programs throughout Broome County to encourage individuals to achieve the goal of daily exercise through walking.

Prior to the spring break in April, the Physical Education teachers began to introduce a walking program for students at A.R.E. This program, hte "Feelin' Good Mileage Club," has been set up for fourth- and fifth-graders to use during their playground time as a daily option. Each student has been given a Mileage Club Card to record their laps on the playground. As the laps add up, they cross off each mile completed.

A road map in the gym shows the first destination, 'The Oakdale Mall,' and the 5.1 mile route. The P.E. teachers record the mileage totals for each student. So far, nearly twenty students have reached the 'Oakdale Mall' and are beginning to travel down 'N.Y.S. route 17 East' towards their next destination. Congratulations to each student who has made it to the mall. Please encourage your children, if they have not already taken part in this fun activity, to

join their classmates on this journey.



ELEMENTARY SCHOOLS TO ROCK LUNCHES - (An article in the Press & Sun-Bulletin by George Basler.)

“Rock on Café”

Starting in September, Elementary school students will see these signs as they go through lunch lines in Broome and Tioga schools.

The signs won’t promote a pop group or television show, but healthy school lunches.

The idea is “stealth nutrition,” and it’s part of a campaign to boost the nutritional value of school meals and promote healthy eating habits, said Molly Morgan, a certified dietitian-nutritionist who is working as a consultant for Broome-Tioga BOCES Food Service Management.

The campaign, official announced this week, is the effort of Broome and Tioga counties. A main part will be serving a single, coordinated lunch menu to 17,000 students in 41 elementary schools in 16 school districts. The single menu will increase the efficiency of buying food products and better ensure quality control, Morgan said.

While items on the menu will look similar to the past, schools will use more products, such as whole grain products and items with reduced fat content, Morgan said.

The effort also will feature an educational campaign, including sending practical tips home to parents and posting a nutritional analysis document for food items on district Web sites, she said.

The campaign is targeted at younger children because evidence shows people establish their dietary habits a young age, said Mary McFadden, director of Broome County Steps for a Healthier New York. Child obesity is a growing problem, she added. The childhood obesity rate in Broome County is 11.5 percent while the national rate is 16 percent.

The campaign is “an excellent effort” that has the support of superintendents across the region, said Chenango Valley Superintendent Carmen A. Ciullo, president of the Broome-Tioga Association of chief School Administrators.

The effort will enhance the nutrition of dishes on school menus and educate children about healthy choices, he said.

This article describes a good beginning to a partnership between home

and school for healthy students!

Sincerely,

Joanne Mitchell
Principal