

H1N1 UPDATE - November 18, 2009

The New York Statewide School Health Services Center reports a slight decrease in influenza activity in the U.S. the first week of November. The Broome County Health Department continues to receive the H1N1 vaccine, and we will have more information for you as soon as a date for the Vestal Central School District's evening clinic is scheduled. Clinics have been scheduled as follows:

Wednesday, Nov. 18, 2009, at Johnson City Middle & High Schools - 8 to 10:30 a.m. for **JOHNSON CITY STUDENTS ONLY.**

Wednesday, Nov. 18, 2009, at Union-Endicott at the High School -3:30 - 7 p.m. Evening clinics are open to people in the groups recommended by the Centers for Disease Control to receive the shot, including pregnant women, people who live with or care for infants younger than 6 months, healthcare and emergency medical service personnel, anyone 6 months to 24 years old, anyone age 25 to 64 with certain chronic medical conditions or a weakened immune system.

Thursday, Nov. 19, 2009, at Johnson City Elementary School - 4 to 7 p.m.

Friday, Nov. 20, 2009, at St. James Middle School - 9 to 11 a.m. for **STUDENTS ONLY.**

Please remember the Health Department recommends that if your child becomes ill with fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue, your child should stay at home. This will help reduce the spread of the virus to others. The Centers for Disease Control and Prevention recommend that anyone with influenza-like illness stay at home, except to get medical care, until at least 24 hours after the fever subsides without the use of fever-reducing medications.

Parents are encouraged to also check the Broome County Health Department Web site for H1N1 updates at <http://www.gobroomecounty.com/hd/flu>, e-mail them at FLU@co.broome.ny.us or call their H1N1 information line at 607-778-3331.

Want the latest H1N1 Pandemic Clinic information from the Health Department sent to your cell phone? Send a text message to 40404 with the message "follow bchdh1n1info" (without the quotation marks) and follow the instruction sent back to you.