

I. SAFETY AT HOME

- A. Call 911 for police help if you are afraid that you or someone else will be hurt.
- B. Tell the police where you are and give the address.
- C. Tell the police WHO is being hurt and WHO is involved.
- D. If you are in danger:
Dial 911, leave phone off the hook and seek a safe place.
- E. Practice how to get out of your home safely. Which doors, windows, or stairs would be best?
- F. Which neighbor can you go to for help?



II. SAFETY AT SCHOOL

- A. If you are afraid of being hurt, tell:

- ✱ a teacher
- ✱ school police
- ✱ parent
- ✱ school nurse
- ✱ school counselor
- ✱ adult you trust
- ✱ principal

- B. Ask your school to help each person write a safety plan.

REMEMBER:

YOU HAVE A RIGHT TO BE SAFE!

You can call 911 when you need a fire truck, if someone needs an ambulance or a police officer.

III. SAFETY ON THE STREET / NEIGHBORHOOD

- A. If there is an emergency:

- ✱ go to nearest store and ask them to call 911.
- ✱ call 911 from a pay phone or a store nearby, scream as loudly as you can!
- ✱ In Binghamton, every fire station is a SAFE HOUSE for kids.

When people are fighting remember:

S stay out of the fight
A ask for help
F find an adult who will help
E everyone knows it is not your fault



IV. If you cannot or do not want to call 911:

A. TELL

- ▶ teacher
- ▶ school counselor
- ▶ pastor or rabbi
- ▶ parent or relative
- ▶ nurse or doctor
- ▶ a trusted adult

B. Keep talking to adults until you find someone who will help.

V. If the police or adult you tell do not help you, call:

1. **CHILD ABUSE
HOTLINE**
1-800-342-3720
2. **CHILD PROTECTIVE
SERVICES**
(607) 778-2647
3. **CRIME VICTIMS
ASSISTANCE CENTER**
(607) 722-4256
4. **DOMESTIC VIOLENCE
HOTLINE**
1-800-799-SAFE
(7233)

MY SAFETY PLAN
Plan for fire, scary fighting, or no lights.

When I am scared, I can go to a safe place:

I can go and talk to:

In case of emergency I can call:

My list of people who can help me:

A YOUTH SAFETY PLAN

Are you afraid:

- ▶ at home?
- ▶ at school?
- ▶ on the street?

You have the right to be safe!



Family Violence Prevention Council
36-42 Main St.
Binghamton, NY 13905
(607) 778-2153