

Brenda Buglione-Kirwood

Class of 1980

Received a B.S. in kinesiology and exercise physiology from the University of Colorado. As a member of the University of Colorado Varsity Ski Team, she was a four time NCAA All-American. She was a five-year veteran of the United States Ski Team and spent five seasons competing on the World Cup circuit.

In 1981 she was crowned North American Trophy Series Champion and named “United States Junior Alpine Skier of the Year” by Ski Racing Magazine. She has won numerous national, international and professional competitions. From 1980-86, she placed in the top ten at the United States National Alpine Championships. Career highlights include participating in the 1985 World University Games in Nevegal, Italy, placing 13th in the world in the slalom competition in 1986, and being featured in a nationally televised commercial for Kodak Film during the 1988 Winter Olympics.

She was a competitor on the Women’s Pro Ski Tour and the host for “SkiPrime,” a nationally televised weekly show on Prime Sports affiliates. She is also a ski instructor to corporate executives, clients and VIPs at major ski resorts around the country. As an exercise physiologist, she conducts ski fitness classes, stress tests, fitness evaluations and exercise prescriptions for major corporations including HBO, Mobil Corporation, American Express and Bristol-Myers Squibb.