



# Glenwood Newsletter

## April 2024, Issue 7

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## Nurse's Notes



### **Sun Protection**

As the weather gets warmer and our students are outside more it is important to protect them from the sun. Here are some sun protection tips:

- \*Choose a sunscreen with SPF of 30 or more
- \*Put sunscreen on before going outside and reapply every two hours
- \*Use a lip balm with SPF 15 or more
- \*Choose sunglasses that filter UVA and UVB rays

If your child does get a sunburn:

- \*Apply soothing lotions such as aloe gel. Try placing the lotion in the refrigerator before applying
- \*Drink plenty of water to avoid dehydration

### **Reminders**

Students who will be in grades K, 1, 3 and 5 next year will be required to have a physical exam. If your student is going for their scheduled physical with their doctor, please request a form from the health office or print it from the district website.

If your student will be absent or late to school, please call the health office at **607-757-2293**, even if the teacher is already aware.

**Have fun and stay safe!**

*Mrs. Kirchheimer*





Fifth graders in Mrs. Morgan's class completed a shared reading called *Esperanza Rising* by Pam Muñoz. Each chapter of the book is named after fruits that migrant workers harvested. It was a great opportunity to learn about that time period- and human right violations, and to try new fruits depicted in the book. We also made yarn dolls like they did back then!





# Odyssey of the Mind

Glenwood Elementary had 4 incredible teams participate in Odyssey of the Mind this year, showing off their creativity, imagination, and teamwork to solve problems in a creative way!

Division 1  
Problem 1  
  
Team  
Crazy  
Scientists



Division 1  
Problem 2  
  
Team  
Creative  
Crazy Robots



Division 1  
Problem 3  
  
Team Pom-  
Poms



Division 1  
Problem 4  
  
Team OM  
Space Jam





Each team worked so hard to be ready for competition, and all of their hard work paid off!



Mrs. Kuzel's team, Team Crazy Scientists, scored 5<sup>th</sup> place in Division 1 for Problem 1.



Ms. Button's team, Team Creative Crazy Robots, scored 5<sup>th</sup> place in Division 1 for Problem 2.





Mr. Lefkus's team, Team Pom-Poms, scored 5<sup>th</sup> place in Division 1 for Problem 3.



Mrs. Sobel's team, Team OM Space Jam, scored 2<sup>nd</sup> place in Division 1 for Problem 4, and they will be going on to compete in the State Competition in Syracuse!



Congratulations to all OM teams on a job well done!




# Occupational Therapy Month

## OCCUPATIONAL

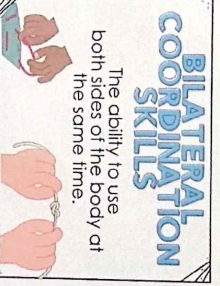
## THERAPY

**SELF CARE SKILLS**



Involve the most important occupations children learn as they grow. These skills are encompassed in the child's Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL).

**BILATERAL COORDINATION SKILLS**



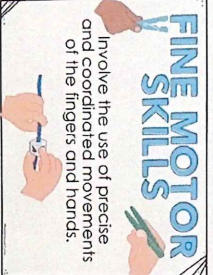
The ability to use both sides of the body at the same time.

**VISUAL MOTOR INTEGRATION SKILLS**



The coordination of hand movements based upon the perception of visual information.

**FINE MOTOR SKILLS**




Involve the use of precise and coordinated movements of the fingers and hands.

**EXECUTIVE FUNCTIONING**



Term used to describe the many tasks one's brain performs to help one solve problems.

**SENSORY PROCESSING**



Refer to how a person's nervous system receives sensory messages and turns them into responses. Senses include: sight, touch, sound, taste, smell, and movement (vestibular, proprioception, and movement feedback).

**HANDWRITING SKILLS**



Handwriting is a complex process of recording language by hand, often by using paper and a pen or pencil.

**VISUAL PERCEPTUAL SKILLS**



The visual skills needed to understand, evaluate, and interpret what is seen.

OCCUPATIONAL THERAPY *History*

APRIL 15

*OT Month*

ANSWER THE QUESTIONS

Open Each Page to Reveal the Answer!

1. What is the primary goal of occupational therapy?	2. What is the difference between occupational therapy and physical therapy?
3. What are the four domains of occupational therapy?	4. What is the role of an occupational therapist in a school setting?
5. What is the importance of client-centered practice in occupational therapy?	6. What are some common barriers to occupational therapy participation?
7. How can occupational therapy be used to promote health and well-being in the community?	8. What are some emerging trends in occupational therapy research and practice?

#CAPTURE

OCCUPATIONAL THERAPY *Facts*

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*OT Month*

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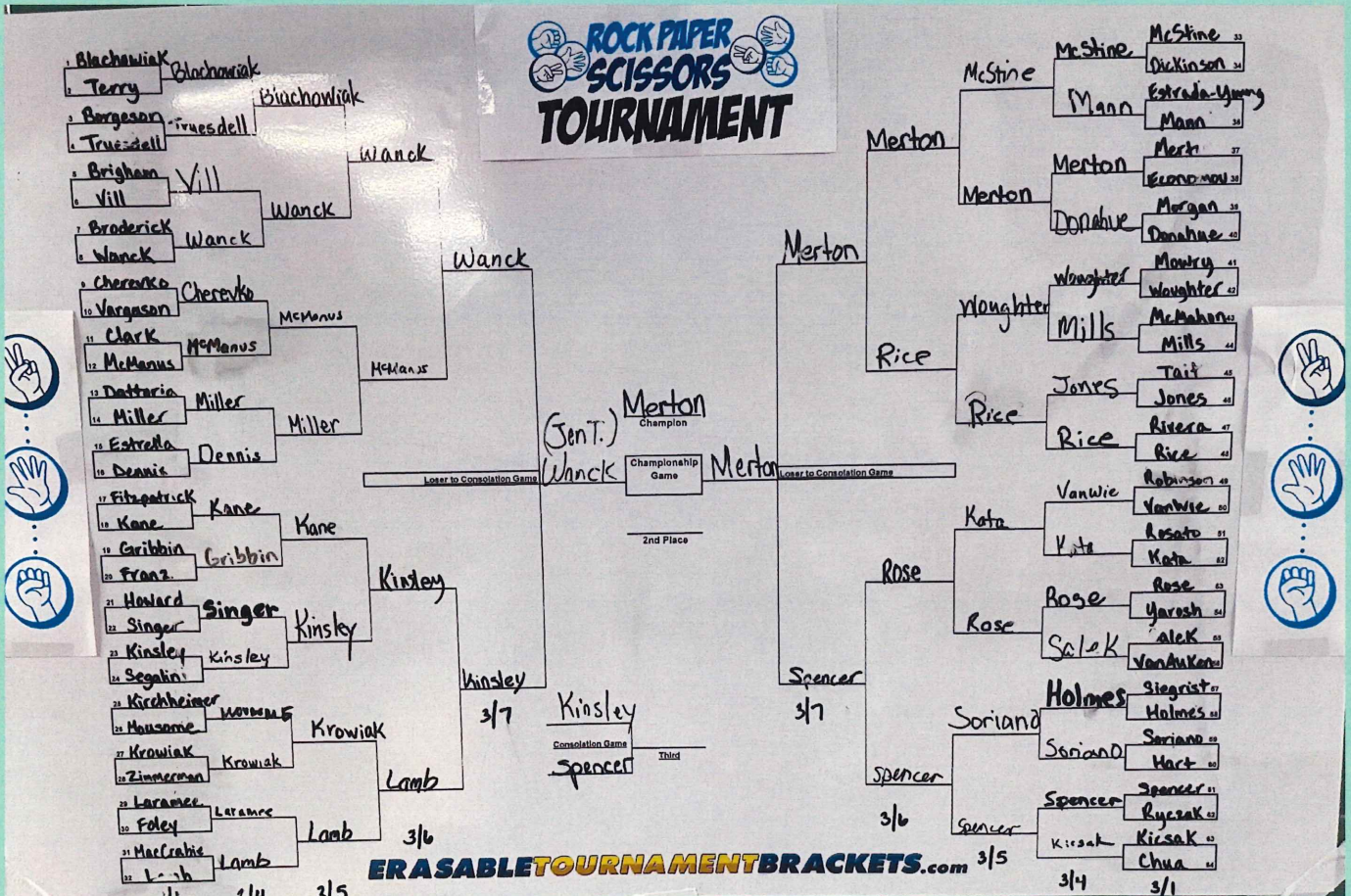
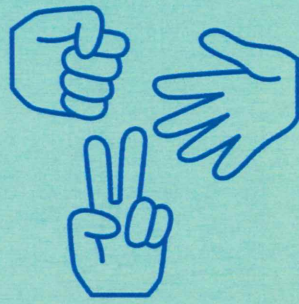


# Irish Dancers at Glenwood for St. Patrick's Day





# Congratulations to Mrs. Merton for winning the Staff Rock-Paper-Scissors Tournament!





# Happy Birthday to all the "Good" April Eggs

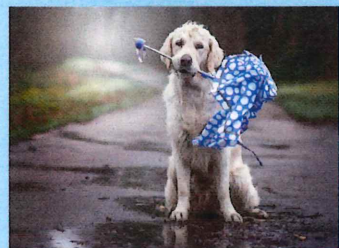


3 Elijah D  
4 Avalyn M  
Mrs. Vargason  
5 VinnyLorenzo C



6 Mr. Kalsky  
Ms. Moyer  
7 Reagan H  
Brayden B

8 Emma Ryczak  
Kevin C  
9 Aspen C  
Mrs. Glazer  
13 Ella S  
Isabella L



15 Brynn N  
Madeline L  
Sawyer S



21 Brody W  
Adalie H

22 Evan P  
Carter S

23 Ms. Hill

24 Mrs. Kane  
25 Connor H



Alexis G  
Brandon G

26 Mrs. Miller  
27 Margot M



Charlotte V  
28 Jordan J



Everett Leatso

29

Noah K



"April Showers Bring May Flowers"





# Glenwood Calendar

## April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
						
7	8	9	10	11	12	13
		Board of Education Meeting BOE Conf Rm, 6PM	Grades 3-5 ELA Assessments	Grades 3-5 ELA Assessments	ELA Assessments Makeup	NYS Odyssey of the Mind Tournament (NYS Fairgrounds)
14	15	16	17	18	19	20
	ELA Assessments Makeup	ELA Assessments Makeup	1 <sup>st</sup> Grade FT to Kopernik 9:10-11:45			
21	22	23	24	25	26	27
	Board of Education Meeting BOE Conf Rm, 6PM	Glenwood KINDERGARTEN Parent Orientation 6-7PM	3 <sup>rd</sup> Grade FT to Ithaca Science Center 9-2pm	School Store Open April 22 - 26th		
28	29	30				
	GSCA MEETING 6:30 PM					