

December 2021, Issue 3

Glenwood Elementary Newsletter



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*Winter Break:
December 23-
January 3*



Dear Glenwood Families,

We certainly had a busy November filled with learning and the excitement that comes from reading a good adventure book together. We were so glad to have almost all our families participate in One School, One Book and read about Twitch and the trouble he caused at school. And our One School, One Book Celebration on December 1st was so much fun! I would like to thank all of the Glenwood staff members who helped with our celebration that evening - **Tammy Wanck, Jennifer Terry, Ashley Tyler, Val Siegrist, Marianna Wright, Stephanie Mitsakos, Kait Difulvio, Brittany Truesdell, Barb Morgan, Molly Russell, Britt Walter, Maria McCarthy, District Employee Dylan Ruffo, and Bus Driver Patty Fitzgerald.** It was an incredible evening for our students and I am so very grateful to all of our staff members for volunteering their time that night (and beforehand).

We begin our Parent Teacher Conferences this week so students will only attend for the morning on December 3rd, 10th, and 13th. It's always beneficial to get together (even if we're meeting on zoom) and talk about the goals we have for our students, the progress they have made, and the support that we can provide in any areas where they might be struggling. There are many levels of support for them.....including what all of you do at home, what our Glenwood staff does here at school, and what all of the members of the GSCA do for our students every day. Collectively, we have the resources to help them grow in all areas – academically, physically, emotionally, and socially. And, by working together we can better ensure progress across the board. Thank you for the part you play in that process.

From December 6-17 we will be collecting new toys that will be donated to Toys for Tots and given to families who could use a little help this holiday season. Thank you to all for helping us as we work to support members of our community. One of our Glenwood Expectations is “We work together to make the world better”. Just as you do in your role as a parent, we try to mesh that focus on kindness and compassion into what we do here every single day.

We hope many of you can join us for the Glenwood Tour of Lights on Thursday, December 17th at 6:00 PM. You'll find information below.

Whatever your holiday traditions may be, may they bring you happiness. We wish you and your family an enjoyable winter break!

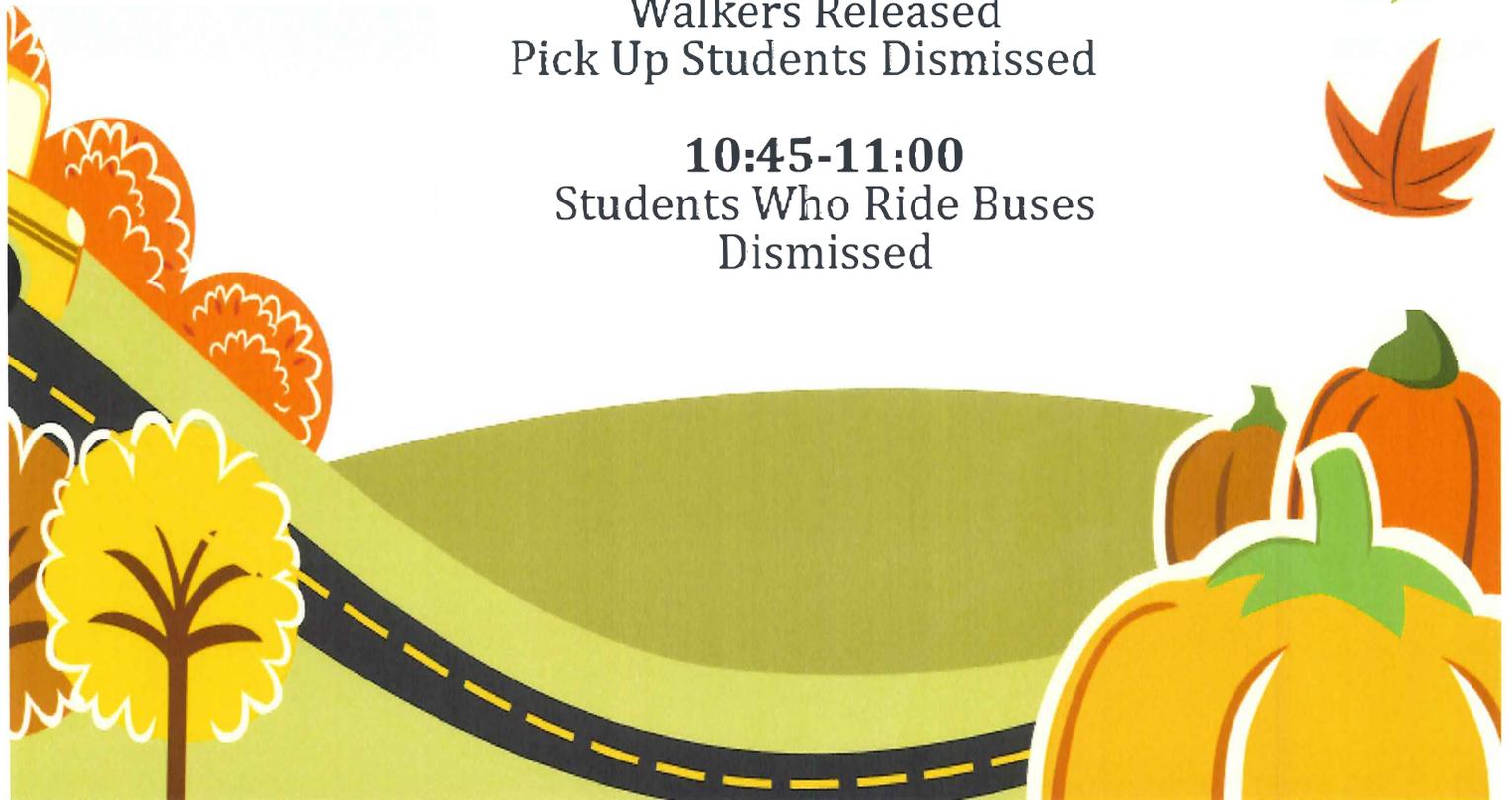
Doreen McSain
Principal

Half Day Dismissal Info for Parent Teacher Conferences

on December 3, 10, 13

10:40 AM
Walkers Released
Pick Up Students Dismissed

10:45-11:00
Students Who Ride Buses
Dismissed





Glenwood Bear Tracks Club

TOY DRIVE

ACCEPTING THE DONATIONS UNTIL
17TH DECEMBER
SPREAD THE JOY BY DONATING

NEW UNWRAPPED TOYS TO CHILDREN IN BROOME COUNTY

Help us fill our "GOAL" in the school gymnasium.

Sponsored by the GSCA

Glenwood Tour of Lights

Thursday
December 17
6:00 PM



Start at the
Glenwood Bus
Loop



Start at the school, pull into the bus loop between 6:00-6:30 PM to pick up your route and a winter treat (provided by the GSCA). Then, follow your map, tour the Glenwood hills enjoying the lights!

Made with PosterMyWall.com

HAPPY HOLIDAYS!

Notes from the Health Office



Friendly Reminder

Please continue to check your child for Covid symptoms before sending them to school. If they have any symptoms that are listed on the health screening form or do not pass the screening for any other reason, keep them home and follow up with your primary doctor. Please call me at **607-757-2293** if they will be absent or late to school.

Outdoor Recess

Our students go outside for recess in cold weather and it can be very windy on the playground. Please make sure your child is dressed for the weather.

Physical Exams

If your child is in kindergarten, first, third, or fifth grade or new to the district, please make sure you have submitted a physical exam to the health office. If the completed physical form is not returned, your child will be scheduled to see the school physician.

Wishing you a happy and healthy holiday season!

Mrs. Kirchheimer

THE Counseling CONNECTION

Glenwood Elementary School

Stephanie Mitsakos, School Counselor - slmitsakos@vestal.k12.ny.us

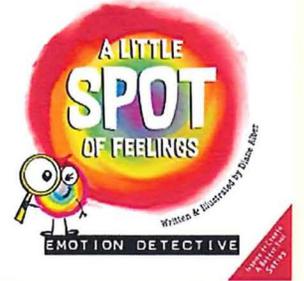
Happy December families! I am so excited to share with you everything that we've been up to this past month during our social emotional learning lesson! We've been SO busy in **kindergarten** that we made a whole page in this newsletter showcasing one of our lessons - be sure to check it out. In grades 1 through 5, I've continued to use our Second Step curriculum to deliver monthly lessons in a variety of topics! In **first grade**, we extended our thinking about the importance of paying attention and avoiding distractions. We talked about how in order to get better at a task, it's okay to make mistakes! Practicing and trying again help us get better and better. In **second grade**, we learned about helpful and unhelpful thoughts. We discussed how our thoughts directly impact how we feel and our feelings impact what we do! But guess what else?! We can CHANGE our thoughts! We can encourage ourselves to keep doing hard things and to ask for help when when we're not sure what to do next. In **third grade**, we learned about two more ways to get better a new or challenging things. One way we can get better at something is by learning from others and the second way is by trying things in a new way. We can also make practice plans for things that are tricky by using this template: "I want to get better at _____. To practice, I will _____. If I'm not getting better, I can _____." The kids LOVED using this template to talk about things they are working on in their own lives. In **fourth grade**, we explored the concept of "rethinking", in other words, thinking about things is a different, more productive way. If we respond to something too quickly, we could be acting out of strong emotions, but if we slow down our thoughts and think about something in a different way, we might be able to come to a more logical conclusion. Finally, in **fifth grade**, we focused on the topic of stress. We defined stress as when we experience strong emotions that make it challenging to solve problems. We talked about how stress feels in our bodies and how stress can present itself in different ways for different individuals. We also explored a variety of tools and strategies that work to help alleviate or lessen the stress we are feeling. **Have a wonderful holiday season Glenwood families!**



Social Emotional Learning in Kindergarten!



Recently, Mrs. Mitsakos and Mrs. DiFulvio have been spending every week in Kindergarten talking about **FEELINGS!** We use books by Diane Alber to learn about the names of feelings, how to manage strong feelings, and how to communicate how we feel to others. A couple of weeks ago, we read the book A Little Spot of Feelings: Emotion Detective. The students learned about how they can become emotion detectives by looking for clues on someone's face, their body language, and listening to the volume and tone of their voice! It's so amazing that we can figure out how someone is feeling without them telling us! The students took turns using mirrors and saw how their facial expressions change when they experience different emotions. For example, we learned that when we feel angry, our eyebrows might be crinkled, our mouths are tight, our faces are red, teeth pressed together, our heartbeat might increase and we might even get sweaty! Wow! Here are some photos of awesome emotion detectives looking for feeling clues.



Way to go kindergarteners!





Happy Birthday!

12/1 Clara W.
12/3 Evan A.
12/3 Vincent P.
12/3 Stanley H.
12/3 Mrs. Cherevko
12/6 Parker P.
12/7 Zachary S.
12/7 Justin S.
12/7 Kelsey S.
12/7 Jaina M.
12/7 Mrs. DiFulvio
12/8 Mrs. Dauber
12/9 Peter W.
12/13 Miriam E.
12/13 Violet E.
12/16 Kelly H.

12/17 Santino A.
12/17 Faith S.
12/17 Mrs. Fine
12/17 Mrs. Rivera
12/18 Everly B.
12/20 Talen W.
12/20 Ava S.
12/20 Maddox S.
12/23 Dallas A.
12/28 Isabella L.
12/29 Kristiano Y.
12/29 Zain S.
12/30 Brooke H.
12/30 Alexa L.
12/30 Anderson M.
12/31 Brayden S.
12/31 Brighton B.



Mrs. Spencer's class working with alphabet charts! Students have become experts with letters and their sounds!



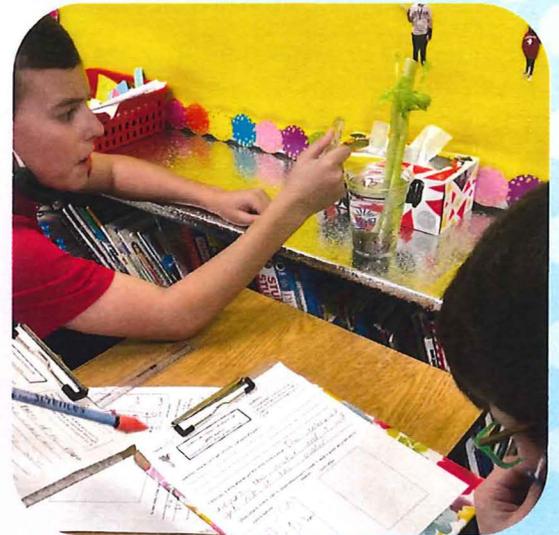
A B C D E
F G H I J K
L M N O P Q
R S T U V W
X Y Z

The scientists in Mrs. Morgan's class practiced the scientific method of conducting an experiment to answer a question.

The class question was- "How are nutrients distributed from the roots to all parts of the plants?"



Students put celery in colored water to watch the process of transpiration take place. Students observed and sketched their results.

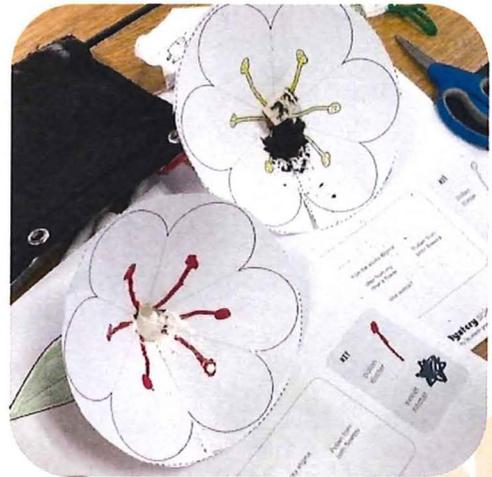


Celery has little holes at the bottom of the stalk that acts as tubes to carry the water up to the rest of the plant!





*Pollination mystery
science in Mrs.
Mirtallo's class!*



December



2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 One School One Book Celebration 6:30 p.m.	2	3 Parent Teacher Conferences K-5 dismissed at 11 a.m.	4
	6	7	8	9	10 Parent Teacher Conferences K-5 dismissed at 11 a.m.	11
12	13 Parent Teacher Conferences K-5 dismissed at 11 a.m.	14 Board of Education Meeting, 6:00 p.m.	15 Virtual Winter Chorus Concert, 7:00 p.m.	16 Tour of Lights 6:00 p.m.	17	18
19	20	21	22	23 No School	24 No School Christmas Eve	25 No School Christmas Day
26	27 No School	28 No School	29 No School	30 No School	31 No School New Year's Eve	