

Glenwood Elementary Newsletter

February 2020

Dear Glenwood Families,

Happy February to all of you! One term related to child development that you may have heard of is the concept of “**social emotional learning**” and its importance in a child’s growth and learning. An organization called CASEL (Collaborative for Academic, Social, and Emotional Learning) defines social emotional learning as *the process through which children and adults understand and manage emotions, set and achieve goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.* (CASEL-Collaborative for Academic, Social, and Emotional Learning)

Research has shown that a focus on social emotional learning leads to increased academic achievement and improved behavior. As we support your child’s academic growth, we also work to support their “social emotional” growth, which can encompass a variety of areas. Our Building Planning Team recently spent some time looking at an infographic created by CASEL and an explanation of the five competencies. We thought it might be helpful for you to take a look at the graphic CASEL has created, so that you have a better idea of what we are talking about when we say we are working to support your child’s social emotional growth and development. The infographic and the competency breakdown are included on the next two pages of our newsletter.

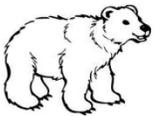
On January 16th, we kicked off our month long focus on **wonder** and **exploration** here at Glenwood. Our hope is to inspire as many students as possible to enter our **Wonder, Explore and Create Fair on February 20th**. If you haven’t had the opportunity in past years to see how much fun it can be for your child to be participate, please consider doing so this year. You still have time! A registration form is included in this newsletter, or you can register online using the link on the form.

I cannot wait to see the projects our students will share on February 20th! We talk to them often about the responsibility we have as learners to share what we know with others and our **Wonder, Explore and Create Fair** is a perfect opportunity for all of our students to practice that in an authentic way. The cycle of learning and then helping someone else by teaching what we have learned is important whether we are children or adults. We hope to see you there that night, and who knows, you may just learn something new yourself. ;)

Doreen McSain
Principal – Glenwood Elementary

REMINDER – If you are coming to Glenwood in the afternoon to pick up your child at dismissal time, please make sure you are not blocking or parking in the handicapped parking areas unless you need those spaces. We need to make sure that we have spaces available to those who have handicapped parking permits.

Thank you for your help with this.

At Glenwood Elementary... 

- 🐾 **We follow class rules and routines.**
- 🐾 **We take responsibility for our learning and our behavior.**
- 🐾 **We use what we know to help others.**
- 🐾 **We work together to make our world better.**





SOCIAL AND EMOTIONAL LEARNING (SEL) COMPETENCIES

SELF-AWARENESS

The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."

- ⇒ IDENTIFYING EMOTIONS
- ⇒ ACCURATE SELF-PERCEPTION
- ⇒ RECOGNIZING STRENGTHS
- ⇒ SELF-CONFIDENCE
- ⇒ SELF-EFFICACY

SELF-MANAGEMENT

The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations — effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.

- ⇒ IMPULSE CONTROL
- ⇒ STRESS MANAGEMENT
- ⇒ SELF-DISCIPLINE
- ⇒ SELF-MOTIVATION
- ⇒ GOAL SETTING
- ⇒ ORGANIZATIONAL SKILLS

SOCIAL AWARENESS

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- ⇒ PERSPECTIVE-TAKING
- ⇒ EMPATHY
- ⇒ APPRECIATING DIVERSITY
- ⇒ RESPECT FOR OTHERS

RELATIONSHIP SKILLS

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

- ⇒ COMMUNICATION
- ⇒ SOCIAL ENGAGEMENT
- ⇒ RELATIONSHIP BUILDING
- ⇒ TEAMWORK

RESPONSIBLE DECISION-MAKING

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.

- ⇒ IDENTIFYING PROBLEMS
- ⇒ ANALYZING SITUATIONS
- ⇒ SOLVING PROBLEMS
- ⇒ EVALUATING
- ⇒ REFLECTING
- ⇒ ETHICAL RESPONSIBILITY



© 2017 CASEL All Rights Reserved



Glenwood's Wonder, Explore, and Create Fair!

LEARNING IS EVERYWHERE



February 20, 2020

6:30

Good News!!! This year Glenwood will be hosting another Wonder, Explore and Create Fair!! There is SO MUCH you can make, do and explore to share with your Glenwood community!

What are you passionate about? What makes you wonder? What do you love to do in your spare time? Share it with us at the Wonder, Explore and Create Fair!

Do you want to do a science experiment? Do you want to share your favorite recipe or craft? That works, too! Do you want to explore a topic and share what you learned -- that would be great! What about an invention? A new game you made up? A way athletes can train to become better at their sport? Share it with us!

When your child presents their project, they will use their trifold (science fair) board to share with us their PROCESS for the creation. Your child will get a packet with blank headings he or she can use on the board.

Purpose -- Why did you choose this topic? Why does it excite you? Could it help others?

Think - What is your plan? What will you do?

Make - What did you do?

Improve - How did you improve your plan? What did you go back to fix? Did you run into any problems?

Share - Share what you learned so others can use the information too!

Share your creation at the *Wonder, Explore and Create Fair on February 20 at 6:30*. As we have done in the past, there will be "judges" you will talk to about your project.

Sign your child up online (**preferred**) by scanning the QR code at the right to go to <http://bit.ly/2nFLdxj> or by using the slip below if you do not have access to a computer. The last day to sign up will be February 17th.



NOTE: Online signup is preferred (scan code above) but you can also send this form if necessary.

Name _____ Grade _____

Homeroom Teacher _____ Email _____

Will you be working with a group or partner? _____

Who? _____

(Only one person in the group needs to complete this form)

Notes from the Health Office

Dental Health Month

February is National Children's Dental Health Month. Representatives from Vestal Dental will visit our kindergarten students and teach them about dental health.

Please remember to take your child for regular dental check-ups.

Please have the dentist fill out the dental health form when your child goes for his/her check-up. Forms are available in the health office or on the district website. It is requested that forms be submitted for kindergarten, first, third and fifth grade students.



Friendly Reminders

*If your child tends to have chapped lips, please send any brand of Chap-Stick to school in your child's backpack

*Please remember to call the health office at 757-2293 if your child will be absent or late coming to school even if the teacher is already aware.

*All students in grades K, 1, 3 and 5 are required to have a physical exam and the form must be signed by your child's medical provider— if you have not submitted it yet please do so as soon as possible.

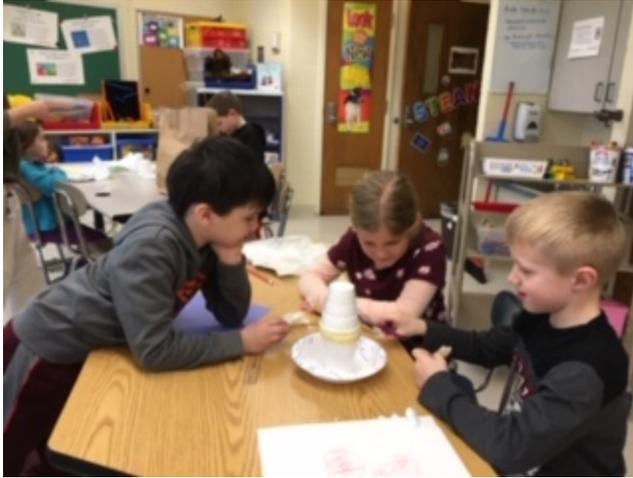
Mrs. Kirchheimer

Glenwood Elementary 2019-20
Instructional Staff Email List

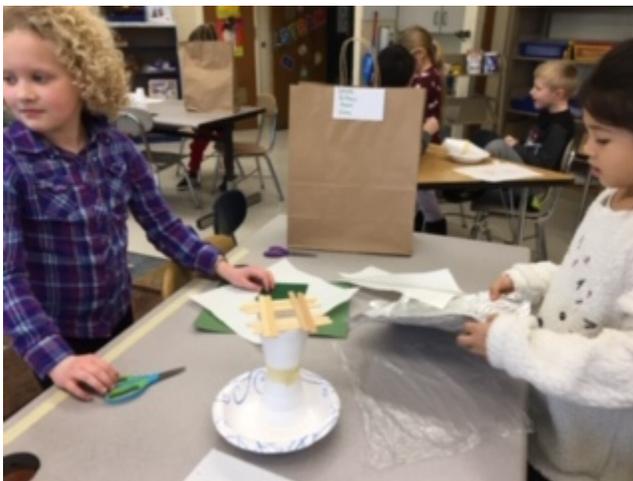
Doreen McSain	Principal	djmcsain@vestal.k12.ny.us
Blachowiak, Gretchen	Grade 4	GRBlachowiak@vestal.k12.ny.us
Boisvert, Donna	PT	dlboisvert@vestal.k12.ny.us
Borgeson, Kathleen	Grade 1	kmborgeson@vestal.k12.ny.us
Brigham, Laura	Grade 1	labrigham@vestal.k12.ny.us
Cherevko, Lori	Grade 2	lacherevko@vestal.k12.ny.us
Clark, Heather	Grade K	hmclark@vestal.k12.ny.us
Crissman, Ruth	Band	RLCrissman@vestal.k12.ny.us
Fine, Sharyn	OT	smfine@vestal.k12.ny.us
Glazer, Mary	Grade 2	mcglazer@vestal.k12.ny.us
Kelly-Brunza, Monica	Art	mhkellybrunza@vestal.k12.ny.us
Kinsley, Jackie	Special Ed.	jmkinsley@vestal.k12.ny.us
Kirchheimer, Heather	Nurse	HLKirchheimer@vestal.k12.ny.us
Koch, Becky	Grade K	rlkoch@vestal.k12.ny.us
Kramer, Allison	Grade 5	AKramer@vestal.k12.ny.us
Laramee, Elaine	Music	EMLaramee@vestal.k12.ny.us
MacCrabie, Kim	Grade 2	kdmaccrabie@vestal.k12.ny.us
Mallery, Laura (G and E)	OT	lmallery@gandetherapies.com
Merta, Mary	Art	mkmerta@vestal.k12.ny.us
Miller, Malinda	Librarian	MRMiller@vestal.k12.ny.us
Mirtallo, Jessica	Grade 4	jlmirtallo@vestal.k12.ny.us
Mitsakos, Stephanie	Guidance	slmitsakos@vestal.k12.ny.us
Morgan, Barb	Grade 5	BJMORGAN@vestal.k12.ny.us
Panella, Amy	Art	abpanella@vestal.k12.ny.us
Pariseau, Meaghan	Psychologist	MePariseau@vestal.k12.ny.us
Rivera, Valerie	12:1:1 (1/2/3)	vrivera@vestal.k12.ny.us
Robinson, Kim	Grade 3	kbrobinson@vestal.k12.ny.us
Russell, Molly	Math	merussell@vestal.k12.ny.us
Sanzo, Ed	PE	ejsanzo@vestal.k12.ny.us
Soriano, Bridget	Speech	basoriano@vestal.k12.ny.us
Spencer, Sara	Grade K	smspencer@vestal.k12.ny.us
Stankevich, Chelsea	Reading	CsStankevich@vestal.k12.ny.us
Swart, Stephenie	Orchestra	sswart@vestal.k12.ny.us
Tait, Laurie	Grade 3	letait@vestal.k12.ny.us
Truesdell, Brittany	Grade K	bjtruesdell@vestal.k12.ny.us
Turner, Liza	Grade 5	LbTurner@vestal.k12.ny.us
Vill, Karen	Librarian	kevill@vestal.k12.ny.us
Walter, Brittany	12:1:1 (4/5)	bawalter@vestal.k12.ny.us
Wanck, Tammy	Reading	tlwanck@vestal.k12.ny.us
White, Kathy (G and E)	PT	kewwhite@vestal.k12.ny.us
Weingartner, Kaitlin	Special Ed.	KmWeingartner@vestal.k12.ny.us
Williams, Larry	PE	lrwilliams@vestal.k12.ny.us
Wright, Marianna	Speech	MGWright@vestal.k12.ny.us

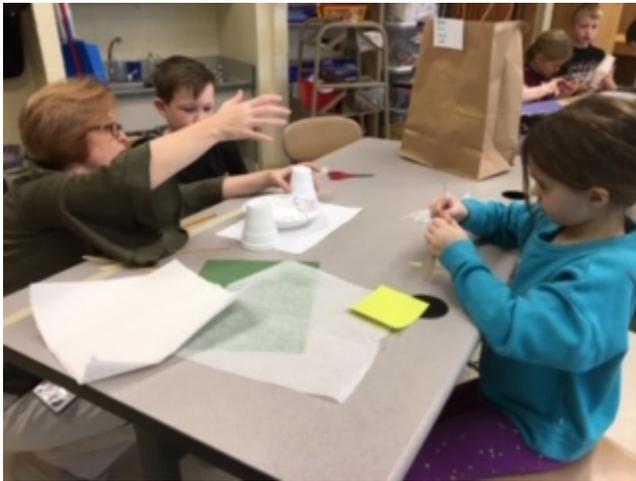
Miss Truesdell's Kindergarten students earned their super reader capes and masks!





Mrs. Cherevko's 2nd grade class during Steam time.





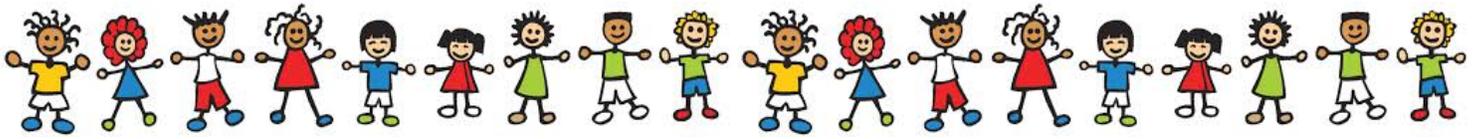


Glenwood School Community Association
Meeting Minutes
January 27, 2020

1.

Agenda

- 1) Welcome - Share your favorite experience from the holiday break.
- 2) Scout Liaison - Heather Kirchheimer
 - a. December-went to Vestal rehab center and visited with the residents
 - b. Just finished paperwork for the year ending in December
 - c. Pinewood derby on Friday (1/31)
- 3) Principal's Report - Doreen McSain
 - a. 1/16/20 school kick off for Wonder, Explore and Create making light up papers (funded by GSCA)-Wonder, Explore, Create Fair 2/20/2020 at 6:30 PM Judges needed please contact Mrs. McSain if interested
 - b. Thanks to GSCA for holding Oh the Places you May Go Event
 - c. Running of the Bears Saturday March 28th, 2020
 - d. Orchestral/Band Concert Wednesday 2/5/2020 at 7 pm
 - e. No school 2/14/2020 and 2/17/2020
 - f. 42nd Street (musical)- coming to Glenwood for a preview on 2/21/2020
 - g. Building planning team-met in January. Focus on Social Emotional Learning
 - h. Board Meeting hosted at Glenwood on 1/7/2020-students talked about the book of the season and what they are working on in steam
- 4) Board Report - Mark Browning and Christina Pierce
- 5) Budget Report - Nichole Hantsch
 - a. Budget in good shape for the rest of the school year
 - b. upcoming expenses
 - field trips
 - dollars for scholars \$1500 (two \$750 scholarships)
- 6) District Council - Mehreen Khan and Aimee Szwalla
 - a. Vestal School District holding multiple viewings of Like (a documentary about the impact of social media on our lives) 5th grades will be bused to middle school to view. Parental showing on 3/4/2020.
 - b. High school musical next month-tickets go on sale 2/3/2020
 - c. Vestal Hills is participating in Play Day where kids will have unstructured play time
 - d. High School Teacher Greg Harris picked as Hero Teacher
 - e. Middle School musical Frozen on 4/17 and 4/18/2020 at VMS



- f. Blood Drive at high school collected 92 units of blood
- 7) GSCA Past Events:
- Barnes and Noble Book Fair - profit 1051.99
 - Holiday Shop - profit \$668.99
 - o Profit is due to using the Target Red Card & Black Friday 20% coupon
 - o Provided funds for Glenwood families
 - Oh, The Places You've Gone event - 1/23
 - o 17 families signed up (How can we get more? Timing of the year?)
 - o Do we want to continue this event in the future?
- 8) GSCA Upcoming Events:
- Wonder, Explore, Create Fair - February 20th @ 6:30pm
- 9) Looking Ahead:
- Potential Spring Fundraiser - Nanticoke Gardens
 - o Similar to Cider Mill Fundraiser - Families would purchase a voucher in return for a hanging basket. The profit margin is good.
 - o If there is an interest, contact Jenn Vallone to see if Nanticoke Gardens has a form for school distribution.
 - o I (Chelsea) would be willing to organize vouchers and funds once they come in, if someone is needed.
 - Late Spring Motivational Speaker
 - o Contingent on a profitable budget, we could hire someone to come speak to Glenwood School in the late Spring. We will know [our budget] better after the Gertrude Hawk fundraiser.
 - o Looking to ask Rick Yarosh, a parent of a Glenwood student, to speak.
- Restaurant fundraiser-looking for ideas (California Grill, Chipotle, Applebee's, Moes?)

Our next meeting is February 24th @ 6:30pm

Glenwood List of Events and Dates for 2019-20

FEB

- 3 Field trip to Anderson Center (Grade 2) 9:00 - 11:30
- 5 Orchestra & Band Concert 7:00 pm
- 11 Board of Education Meeting (African Road) 6:00 pm
- 14 No School
- 17 No School Presidents Day
- 20 Wonder, Explore, Create Fair 6:30 pm
- 24 GSCA Meeting 6:30 pm
- 24 Kindergarten Registration begins
- 25 Board of Education Meeting 7:00 pm

MAR

- 4 Oakdale Mall Trip - 4 & 5 grade Music Dept 9:30 - 11:30
- 8 Daylight Savings Time Begins - Move Clocks Ahead One Hour
- 12 Superintendent's Conference Day - No School for Students
- 13 No School
- 19 Glenwood Talent Show - 6 pm
- 20 First day of Spring
- 24 Board of Education Meeting 6:30
- 24 Vestal Park (Mrs. Cherevko's class) 10:00-11:30
- 30 GSCA Meeting 6:30
- 31 Vestal Park - 1:45 - 3:00 (4 & 5 grade helping hands)