



## Vestal High School Mentoring Program

### Mission Statement

The Vestal High School Mentoring Program will reinforce our belief that Vestal High School is a community of learners who support and care for each other. We believe that all incoming students should have a positive environment in which to learn and thrive. Our mission is to create a warm and welcoming school climate for all students, which maximizes their potential for success.

### Responsibilities of Mentors

- Be committed to mentoring.
- Help & meet with your freshman.
- Give tips and work with your mentee when needed.
- Build a relationship with your mentee.
- Be welcoming and friendly.
- Attend freshman orientation 8/30/12.
- Bring freshman to classes the first day.
- Invite to school activities.
- Provide advice and support.
- Pledge not to include freshman in harmful activity.

### Application due to Counseling & Guidance Office by 3 p.m. on April 27, 2012

#### Applicant Information:

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

Grade: \_\_\_\_\_ Gender: \_\_\_\_\_ Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Email address: \_\_\_\_\_ First-period Teacher: \_\_\_\_\_

#### Application Questions: (continued on back)

Answer the following questions as completely as possible. You may write the answers to the questions in the space provided if you need more space you can attach additional sheets.

1. Can you commit to the Vestal High School Mentoring Program for a minimum of 1 year? \_\_\_ Yes \_\_\_ No
2. Are you available to meet with your peer every other week? \_\_\_ Yes \_\_\_ No
3. Are you willing to attend an initial mentor training session & any additional training sessions? \_\_\_ Yes \_\_\_ No
4. Are you willing to communicate regularly and openly with program staff, provide monthly information regarding your mentoring activities, and receive feedback regarding any difficulties during your participation in the mentoring program? \_\_\_ Yes \_\_\_ No

5. Why do you want to become a mentor?

6. Do you have any previous experience volunteering or working with peers? If so, please specify.

7. How would you describe yourself as a person?

8. How would your friends, family and/or co-workers describe you?

9. Do you think having a mentor would have helped you during your freshman year? Please explain.

### **Extended Essay Question**

Please attach a 1-page essay, either typed or neatly hand written, answering the following question:

**Who do you look up to and why?**

**Explain what traits make this person a good role model and how they have positively influenced you.**

By signing below I attest to the truthfulness of the application and that I have read the mission and responsibilities. Be sure to look at the checklist below to ensure all parts have been completed!

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**In addition to the application information and questions you will also need to submit one teacher/coach recommendation. Form is attached and should be returned to the guidance office by the teacher/coach.**

#### **Application Checklist:**

Application completely filled out

Essay attached

Recommendation form given to teacher/coach



**Vestal High School  
Mentoring Program**

**Teacher/Coach Recommendation Form**

**Applicant Information:**

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

First Period Teacher: \_\_\_\_\_

**Reference Information:**

Name: \_\_\_\_\_

Relationship to Applicant: \_\_\_\_\_

Please answer the following questions about the applicant. All responses will be kept confidential.

**Teachers should return this form to the Counseling & Guidance Office by April 27, 2012.**

1. How would you describe the applicant?

2. What characteristics make this applicant a good fit for the peer mentoring program?

Please use a check mark to assess the qualities of the applicant based on the rating table below.

1 = Weakness

5 = Strength

<b>Quality</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Responsibility					
Commitment					
Social Skills					
Maturity					
Leadership					

Additional Comments: