



Vestal Central School District

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News Release/For Immediate Release

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Vestal Central School District working with Broome County Health Department

The Vestal Central School District has been working with the Broome County Health Department as we have received notification of a confirmed case of COVID-19 in our district.

Per New York State Department of Health guidelines any person who was in contact with the confirmed case will be quarantined by the Broome County Health Department for up to 14 days. Close contacts have been identified and the Broome County Health Department is in the process of contacting any individuals who were exposed.

COVID-19 is spread via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to take the following preventive measures:

- Wash your hands regularly, especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Be sure to also wash your fingertips.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze into your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.

The symptoms of coronavirus are similar to the regular seasonal influenza and include fever, coughing, and shortness of breath. Some people with coronavirus have reported additional symptoms, such as a runny nose, sore throat, nausea, lethargy, lack of appetite, vomiting, and diarrhea. In some situations, the virus can develop into pneumonia.

Individuals who need medical care should call their medical provider to report their illness prior to seeking care at a clinic, physician's office, or hospital. Parents of students exhibiting flu-like symptoms or staff exhibiting flu-like symptoms should contact their medical provider.

We will continue to monitor the situation and keep our community informed.

We appreciate your patience and cooperation as we work to ensure the safety of everyone in our district. We will continue to provide additional updates directly to our families via School Messenger, as well as to the District website.