



## Vestal Central School District

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### News Release/For Immediate Release

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### **Vestal's Project Golden Bear to present "Understanding Apps and Parental Controls"**

Next Wednesday, March 27, 2024, Vestal CSD's Project Golden Bear committee will present "Understanding Apps and Parental Controls: Safeguarding your child in the age of Digital Technology." This free community event, which is intended to provide parents and guardians timely information on digital safety for children, will begin at 6:30 p.m. in the African Road Auditorium, 600 South Benita Boulevard, Vestal.

The presentation will feature Internet safety expert Katie Greer, who will offer parents and community members insight on Internet safety protocols. In addition to learning about phone-security features that can help them protect their children, after the presentation they will be able to talk to local organizations and receive firsthand assistance in enabling these features.

This presentation is appropriate for parents and guardians with students in any grade. It's never too early to start practicing safe, intentional digital habits. No RSVPs are necessary to attend. However, complimentary childcare will be offered, courtesy of Champions. We ask that parents and guardians who plan to utilize the childcare please complete this form

<https://forms.gle/fvoLGCjLKFNNsUYz6>

Project Golden Bear is dedicated to understanding and mitigating the effects of the digital era on children's social-emotional growth, mental health, and academic success, and aims to identify strategies that foster student learning and engagement. From documentary screenings on the impact of social media, mental health, and anxiety to other presentations from experts, Project Golden Bear is committed to helping our families find the tools they need to navigate a digital world.

- 30 -

**Details for media representatives:** We are grateful for your help in promoting this free community presentation. You are also invited to cover this event.

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